

Getting to know
Dr. Karima Causey

Baptist Corporate gives to those in need
at Tree of Faith, Hope and Love event

92 graduate from BCHS

Baptist Women's Hospital provides hope to newborns with cool-cap

The newborn intensive care unit at Baptist Memorial Hospital for Women recently received the Olympic Cool-Cap® System, a product that can reduce brain damage in infants who have had an insult to their head or lack of oxygen before or during birth by putting their brain in a mild state of hypothermia.

The cap, which is manufactured by the Olympic-Natus Corporation, was first used in Little Rock, Ark., in 2007 and was recently approved by the FDA. Baptist Women's Hospital received its cool-cap in November,

and after medical staff completed training, was available for use on Dec. 1. Within the first week, the NICU saw what nurse manager Teresa Bentley and chief nursing officer Carol Thetford call the "miracle baby."

"I worked in the NICU for 21 years, and I saw a number of babies with brain insults come through, and they just don't do well when they have this sort of a problem," Thetford said. "In the past, these are babies who wouldn't eat, would suffer from seizures and were lagging behind in their developmental skills."

The baby was placed on the cool-cap and upon removal, staff members were amazed at how much the baby had improved. Worried and excited about the possible results, Bentley called from home over the weekend the baby was at the hospital to check on his status.



Registered nurses Talia Ruggieri (left) and Wendy Caldwell (right) practice putting the cool-cap on a simulated newborn in the newborn intensive care unit on Tuesday, Dec. 22, 2009. The NICU at Baptist Women's Hospital obtained the cap in November.

"They told me I would not believe it, but he was already bottle feeding," Bentley said. "That just never happens in this sort of situation."

After a baby is born with a brain injury, doctors have only six

hours to decide whether or not to use the cool-cap.

To help make the decision, nurses provide the baby's physician with an amplified EEG to determine whether or not the cap is needed.

Continued on page 4

Maddox receives Distinguished Service Award

Bill Maddox, laboratory director and 41-year employee at Baptist Memorial Hospital-Huntingdon, recently received the hospital's 2009 Distinguished Service Award.

The award is presented annually by Baptist Huntingdon to an outstanding employee in recognition of their excellence in job performance, professionalism, dedication and reputation in terms of commitment to health care within the community and within the Baptist organization.

"I truly appreciate being chosen for

the Distinguished Service Award," says Maddox. "I am honored not only to be a recipient, but also to be a team member of Baptist."

To qualify for the award, an employee must have a minimum of 15 years employment and must be nominated by an employee who has worked at the hospital for at least 10 years.

Maddox was nominated by Rita Foster, administrator of home care/hospice and director of industrial services.

In her nomination, Foster wrote, "Bill has served thousands of patients during his 41 years at Baptist Huntingdon. He has been diligent in the management and direction of his laboratory services and has never refused to



Bill Maddox (center) receives Baptist Huntingdon's Distinguished Service Award from hospital administrator and CEO Susan Breeden (right). Also pictured is Maddox's wife, Rosemary (left).

come into work for emergencies. He has gone above and beyond to be sure that the care to our patients is given when needed. He is a team player and will work with other departments in any way to make our hospital the best that it can be and to achieve overall patient satisfaction."

Maddox serves as a deacon at the Huntingdon Church of Christ and is involved in the American Cancer Society's Relay for Life event each year. He resides in Huntingdon with his wife of 39 years, Rosemary. They have three children: Monica, Derrick and Devin.

GuideStone Annuity Representative Schedule

Dates and times are subject to change. Please contact your facility's human resources office for information. Baptist colleagues can contact Ken Peavy at 901-226-3518 or e-mail Ken.Peavy@GuideStone.org, contact April Mollerberg at 901-226-3516 or e-mail April.Mollerberg@GuideStone.org.

Jan. 5NEA Baptist	Jan. 14Baptist DeSoto
Jan. 6Baptist Memphis	Jan. 20Baptist Tipton
Jan. 7Baptist Golden Triangle	Jan. 20Baptist North Mississippi
Jan. 8Baptist Golden Triangle	Jan. 21Baptist Union County
Jan. 11Baptist Memphis	Jan. 22Baptist Memphis
Jan. 12Baptist Lauderdale	Jan. 25Baptist Memphis
Jan. 12Baptist Collierville	Jan. 26Baptist Corporate
Jan. 13Baptist Booneville	Jan. 27Baptist Huntingdon
Jan. 13Baptist Women's Hospital	Jan. 27Baptist Women's Hospital

Baptist Memorial Hospital-Golden Triangle will host a CME/CE-certified seminar offering expert guidance and interactive case discussion on current options for initial therapy of multiple myeloma.

The seminar will be held **Wednesday, Jan. 6**, in the outpatient pavilion conference center in rooms one, two and three from **noon until 1 p.m.**

Dr. Benjamin Djulbegovic, a professor of medicine and oncology at the University of South Florida College of Medicine, will discuss cases submitted by seminar attendees during registration.

To register for the seminar, go to www.regonline.com/checkin.asp?eventid=774207.

Baptist Memorial Hospital-Memphis will host a free pre-surgery class for Baptist patients having knee or hip replacements on Wednesday, Jan. 13.

The group will meet at from 2:00 until 4:00 p.m. in the Ann L. and Joseph H. Powell Library, located in the physicians' office building adjacent to the hospital at 6025 Walnut Grove.

Baptist Memorial Hospital for Women, located at 6225 Humphreys Blvd., will host free community seminars in the hospital's educational classrooms in January.

Reservations are required and can be made Monday through Friday, 9 a.m. to 5 p.m., by calling 800-4-BAPTIST or 901-227-8478.

Have a Fit Day; Wednesday, Jan. 13, noon to 1 p.m; Certified personal trainer Wendy Holmes

Certified personal trainer Wendy Holmes will discuss how to incorporate the five components of wellness (physical, social, mental, emotional and spiritual) to achieve a balanced life. Because of her background in fitness, Wendy will emphasize the physical component of wellness and give participants tips on how to start a fitness program, stay motivated and get the most out of workouts.

Then you will have success if you are careful to observe the decrees and laws that the LORD gave Moses for Israel. Be strong and courageous. Do not be afraid or discouraged.

1 CHRONICLES 22:13

Getting to know Dr. Karima Causey

Baptist Memorial Medical Group is a new physicians group specializing in family and internal medicine.

In each issue of Leader, we will feature a profile on a different BMMG physician. This week, Dr. Karima Causey, a family medicine physician and member of BMMG, discusses why she joined the group.



Karima Causey, M.D.

Name: Karima T. Causey, M.D.

Hometown: Memphis, Tenn.

Education: I attended Christian Brothers University for my undergraduate studies and graduated in 1998. I attended East Tennessee State University's Quillen College of Medicine and graduated in 2004.

I completed my residency at the University of Tennessee through St. Francis Family Medicine, where I was chief resident during my third year. I completed my residency training in 2007.

Professional organizations: I am a member of the American Academy of Family Physicians and the American Medical Association.

Specialty: Family medicine

Why do you practice your specialty? Family medicine allows me to take care of a diverse group of people who vary in ages and medical illnesses. I enjoy taking care of and forming relationships with the entire family and

watching their development throughout their entire lifespan.

What made you decide to join Baptist Memorial Medical Group? With the changing scope of health care and medicine in general, I felt that being a part of a multi-

specialty group such as BMMG would allow me to have more resources available at my disposal to effectively serve my patients and provide them with the best medical care available.

What is your favorite thing about working with Baptist Memorial Medical Group? While being employed in a private practice has afforded me the ability to give extremely personal care to my patients, joining BMMG has allowed our medical group to expand the scope of our medical practice to provide even better care to our patients and the surrounding community as a whole.

Dr. Causey practices medicine at Forest Hill Family Practice and Aesthetics, located at 8970 Winchester Rd. The office's phone number is 901-794-5806.

BMHCC Helpline/Hotline
877-BMH-TIPS

If you have a question about legal or regulatory requirements, suspect any violation of BMHCC Standards of Conduct, legal or regulatory requirements or suspect that anyone is committing acts of patient abuse in any form, call 877-BMH-TIPS. Reports to the hotline may be made anonymously. Calls are handled confidentially to the extent allowed by law. Baptist does not tolerate retaliation for reports made in good faith. It is the policy of Baptist Memorial Health Care to admit and provide services to patients and guests without distinction due to race, color, age, religion, sex, national origin, handicap or disability. Marilyn Dunavant is Baptist's corporate compliance officer.

92 graduate from BCHS

On Thursday, Dec. 10, 92 nursing and allied health students received their degrees during the Baptist College of Health Sciences graduation ceremony at First Baptist Church in Millington, Tenn.

The students join the more than 7,000 alumni of the college, school of nursing and hospital-based programs.

Martha Perine Beard, vice president and senior branch executive of the Memphis branch of the Federal Reserve Bank of St. Louis, and chair of the college's board of directors, was the guest speaker at the ceremony.

Her remarks described illness as equal opportunity and non-discriminatory, and she said the

competence of the graduates would be affirmed by their graduation and passing licensing examinations, but also through their abilities to provide patients with a caring attitude.

Following her remarks, Beard presented the College Board of Directors Award to David W. Allen, recognizing his academic performance, leadership skills, commitment to community service and the Christian principles of the college.

Mary MacKinnon, development officer for the Baptist Memorial Health Care Foundation, presented the remaining awards.

Miranda King McGee received two honors, the Sarah Ainsworth Award for Excellence in Science



Martha Perine Beard, chair of Baptist College of Health Sciences board of directors, speaks to graduates about the importance of having a caring attitude when working with patients.

and the Elizabeth Farnell Achievement Award for being the traditional nursing student with the highest grade point average.

Stacy P. Thomas, an RN to BSN graduate, earned the Joseph H.

Powell Award for her academic achievement and potential for advanced study in health sciences.

Following the ceremony, a reception was held in the church fellowship hall.

Baptist hospitals welcome new managers and directors

Baptist Memorial hospitals recently hired or promoted several colleagues to manager or director positions.

Priscilla Jones is the new manager of transportation at Baptist Memorial Hospital-DeSoto. Jones joined Baptist nine years ago as a customer service representative and has been a customer service lead coordinator since 2002.

Yvette Anderson is now the nurse manager for the orthopedic and oncology unit at Baptist DeSoto. Prior to joining Baptist, she served as an emergency department director at St. Mary's Regional Medical Center in Russellville, Ark.

Baptist Memorial Hospital-Memphis recently promoted

Matthew Dane to nurse manager in surgery. A Baptist colleague since 2003, Dane has previously served as a health care technician, neurology staff nurse and a circulating nurse in the operating room.

Heather Wynne was recently promoted to clinical supervisor at Baptist Trinity Home Care & Hospice. Prior to accepting the position, she worked as a hospice nurse.

Baptist DeSoto recently named **Wyatt Reynolds** senior retail manager of the Tower Café. Before joining Baptist, he served as a sous chef and retail manager for St. Jude Children's Research Hospital and a corporate trainer for Firebird's Rocky Mountain Grill.

Cheryl Berry has been named director of nursing at Baptist DeSoto. Areas she will be overseeing in this position include the patient flow office, intern program, float pool and nursing staff development. She has been a Baptist colleague for 14 years.

Baptist Memorial Hospital-Booneville and **Baptist Memorial Hospital-Union County** teamed up to place second in the system during the annual information systems operational review. For the past seven years, the team has come in sixth place.

The operational review is scored on a variety of goals that are set for the teams at the beginning of each fiscal year. Goals range from daily activities, inventory accuracy, policy and procedure manuals, manual requests and trouble calls, among others.

The team comprised Missy Coltharp, site manager for both hospitals, Dawn Henry from Baptist Booneville and Judy Lansdell from Baptist Union County.

Baptist Centers for Cancer Care is partnering with the American Cancer Society to host a prostate cancer support group, Man to Man®.

The group will meet at 6:30 p.m. in the Ann L. and Joseph H.

Powell Library, located in the physicians' office building adjacent to the hospital at 6025 Walnut Grove.

Monthly support meetings will be held on the third Thursday of each month. January's meeting will be held Jan. 21.

Designed to help men and their families cope with prostate cancer, Man to Man provides a comfortable setting for discussion, education and support through the recovery process. Spouses and family members are encouraged to attend.

According to the ACS, more than 1.8 million men in the United States are prostate cancer survivors. About one in six men will be diagnosed with prostate cancer during his lifetime, but only one in 34 men will die from the disease.

About 90 percent of prostate cancers are diagnosed by a physician in the early stages – usually before symptoms occur.

Cool-cap Continued from page 1

The decision to use the cap has to be made quickly because when the brain suffers an injury, toxins are released that will kill the tissue surrounding the damaged cells.

If the baby's brain can be cooled quickly enough, then the release of toxins can be stopped.

"You can't reverse brain damage or create new brain tissue, but if you can limit the cell death, you can do a lot of good," Bentley said.

The cool-cap consists of three different pieces hooked to a monitor. The water cap is placed on the baby's head first, and it provides a controlled, continuous flow of cold water to lower head temperature. After the water cap, a retainer cap is placed on the infant's head to secure the water cap.

The final piece is the insulated outer cap, which maintains the cooling temperature by reflecting external heat from the warmer, which keeps the rest of the baby's body warm to prevent damage to other systems.

"The goal is to maintain a temperature between 34 and 35 degrees Celsius," Bentley said. "We are heating their bodies, and at the

same time we are cooling their heads to slow down all their metabolic systems. However, we don't want to slow the systems down too much, so we have to balance warming their body while cooling their head to reach that middle ground."

A core group of NICU staff were trained on how to use the cool-cap. When a baby is born with a brain insult, an emergency team comprising those trained to use the cap are brought in for a 76-hour period while the baby is under the cap. The baby's head must stay cool for 72 hours, while the last four hours are spent warming the baby.

Thetford estimates the hospital will be able to provide the cooling cap to between 10 and 12 babies each year.

Research studies estimate that one in six infants placed under the cool-cap will have successful outcomes, and while that may seem like a small number in comparison to the 5,500 babies born at the hospital each year, it is well worth the effort to Bentley and Thetford.

"It may not be everyday that we see a miracle, but it's worth that one child," Bentley said. "It's a lifetime of difference."

BAPTIST MEMORIAL HEALTH CARE



Bob Gordon, executive vice president and chief administration officer for Baptist Memorial Health Care, congratulates Rosie Goolsby, RN, from Baptist Memorial Hospital-North Mississippi, at the Service First Champion Celebration Luncheon at Baptist Memorial Hospital-Memphis on Tuesday, Nov. 24, 2009.

BAPTIST TRINITY HOME CARE & HOSPICE



The Baptist Trinity Hospice House and Kemmons Wilson Center for Good Grief construction continues on the campus of Baptist Memorial Hospital-Collierville on Friday, Dec. 11, 2009. The house is scheduled to open in the summer of 2010 and will be the first residential hospice house of its kind in the area.

BAPTIST MEMORIAL HOSPITAL - MEMPHIS



Construction on the Baptist Memphis Education Center and Dr. H. Edward Garrett Sr. Auditorium continues on Friday, Dec. 11, 2009. The center will measure 20,000 square feet and include classroom space and the 282-seat Garrett Auditorium, named for one of the men who performed the first successful open-heart surgery 45 years ago. A donation from the late Dr. Garrett's family helped make the new center and auditorium possible.

Baptist DeSoto expands nutrition services

Baptist Memorial Hospital-DeSoto now provides medical nutrition counseling by registered dietitians every Tuesday, Wednesday and Thursday from 9 a.m. until 1:30 p.m. by appointment.

"We are so pleased to expand our outpatient services and offer this level of personalized care," said

Kimberly Kilpatrick, clinical nutrition manager at Baptist DeSoto. "Our dietitians provide medical nutrition therapy on a variety of diagnoses; everything from diabetes, cardiovascular disease and renal disease to support for women's health, weight management and general wellness, just to name a few."

For more information on outpatient nutrition counseling at Baptist DeSoto, including cost and scheduling, please call 662-772-2100.

*I will lie down and sleep in peace, for you alone,
O LORD, make me dwell in safety.*

PSALM 4:8

MORE NEWS AND EVENTS

Baptist Corporate gives to those in need at Tree of Faith, Hope and Love event



Above, Frances Marable of corporate information systems helps an Operation Outreach patient find clothes for her child at the Tree of Faith, Hope and Love event at Associated Catholic Charities, on Thursday, Dec. 17, 2009. Colleagues from Baptist Corporate furnished gifts to those in need at the event.



At left, volunteers from Baptist Corporate assist patients at the Tree of Faith, Hope and Love event. Baptist colleagues served lunch to Operation Outreach patients and gave them the opportunity to shop for clothes and other items collected by Baptist corporate departments.



Above, Head Start teacher Linda Wells is overcome with emotion as Baptist Rehabilitation-Germantown delivers Christmas gifts to her students at Martin Luther King, Jr. Head Start on Lauderdale on Wednesday, Dec. 16, 2009. Baptist Rehab-Germantown delivered toys and clothes to each child in Ms. Wells' class.

At right, Stephanie Lewis, office manager at Baptist Rehab-Germantown, hands out toys to the children at the Martin Luther King, Jr. Head Start on Lauderdale. The hospital collected toys and clothes to donate to the students in Linda Wells' Head Start class.

Baptist Rehabilitation-Germantown provides Christmas gifts to Head Start students



CLASSIFIED ADS

HOUSEHOLD

- Two Lane rocker/recliners, one burgundy, one blue, chenille fabric, good condition, \$150 each; twin bed, antique metal with side rails, \$150. Call 901-494-1385.
- King-sized mattress and box springs, Simmons Beauty Rest world class series, six months old, paid \$1,800, will take \$800. Call 901-262-7642.
- Large, solid oak dining table with six matching chairs, beautiful carvings, removable leaf on gears, table has four very stout legs, must see to appreciate, great condition, \$850. For more information, call 901-262-7642.

MISCELLANEOUS

- Sony 27-inch standard definition television, great picture and excellent condition, \$45. For more information, please call 901-363-1250.
- Leg Magic exercise equipment, \$20; 60-inch Samsung television, made in March 2000, \$250. Call Aisha at 901-590-0012.
- Peavey sound equipment, includes two 26x22-inch speakers on tripod stands, large table top mixing board with built-in outlets to plug in instruments, custom mixing board carrying case, two monitors, microphone stand and all wires, \$1,200. Call 901-262-7642.
- 30-inch Sanyo television with stand, \$175; dark cherry coffee table and end tables, \$150; wedding dress, size 16, comes with veil, tiara and shoes, \$400. Please call 901-763-1567 or 901-262-0119 after 3:00 p.m. for more information.
- New Bissell ProheatX carpet shampooer with upholstery attachments, still in box, \$200; king comforter set, Waverly Garden Images, complete set plus Euro shams, throw pillow, fabric for two sets of curtains, only used three to four months on spare bed, \$275; Lady Margaret tea/coffee set with footed tray, still in box, \$250; Quasar 20-inch television, TV and VCR combo, only used in spare room, used less than 200 hours, \$60. For more information, please call 901-494-1385.
- Dowlndraft counter top gas cooktop, stainless steel, GE Profile, approximately two months old, \$600. Call 901-262-7642 for information.
- Dooney & Bourke handbag, black leather with brass trimming, medium zipper pocket sack, very spacious, practically brand new, registered with Dooney & Bourke, valued at \$235, will sell for \$195. Call 901-351-6517 or 901-368-5522.

VEHICLES

- Honda motorcycle, 1300 VTX series, 3,750 miles, purple paint job, kept in the garage, \$6,200. Call 901-258-0344.
- 2008 Honda TRX420 FE 4x4, excellent condition, \$4,000. Call Debra at 662-292-2090.

REAL ESTATE

- Three bedroom, 1.5 bath house at 1609 Delmont in East Memphis, completely updated, new appli-

ances, paint, hardwood floors, landscaping, cedar shutters, covered patio, \$132,900. Call 901-361-6314.

- Cozy, buff-brick cottage, two bed, one bath, huge den, fully furnished eat-in kitchen, paneled attic with large storage closets, detached garage, carport and storage shed, selling as is for \$42,500, located at 3202 Lamphier. Call 662-280-7751.
- Three bedroom, two bath home for sale in Oakland, Tenn., built in 2006, fenced backyard, two car garage, Whirlpool tub and tons of storage, located on a quiet street in a great neighborhood, \$138,000. Please call 901-626-5081.

SERVICES

- Book your specialized family or individual photo session today. Creative, unique photography for weddings, engagements, family and baby portraits, 10 percent discount for Baptist colleagues. Call 901-828-1223 or visit www.kylekurlick.com.
- Interior painting, trim installation, most home repairs, decorative textures and finishes, free estimates. Call Charles at 901-246-7129.
- Home renovations, room additions, decks, fencing, electrical, plumbing, carpet, tile, etc. Call Dan at 901-281-4879 for a free estimate.
- Home improvements, tiling, carpeting, painting, fencing, wood work and trim, lawn care and landscaping, no job too small or too big, if you need it done, we can do it! Contact Derrick Hollingsworth or David Hall at 901-652-4636.
- Computer repair. Call Darrick at 662-671-0300.
- For custom ceramic, porcelain and natural stone tile installation, call Jason at 901-277-2523 to arrange a free estimate.
- House cleaning service, many years of experience, great references. Please call 901-619-5965 for more information.
- Free estimates on leaf removal, mulching, cleaning up flower beds, shutting down irrigation systems, drainage work and other landscaping needs, new customers get a 15 percent discount on the first visit. Call Paul at 901-482-4622.
- Darling Touch Cleaning, specializing in stripping and waxing floors, shampooing carpets, cleaning windows, pressure washing, general commercial cleaning, removal of leaves, free estimates. For information, call Carl Darling at 901-508-6895 or Torrie Darling at 901-604-2599.

PETS

- Cavalier King Charles Spaniel puppies, born Nov. 22, all have blazed faces and four have thumbprints, five males and one female, parents on site, now taking orders and deposits, should be ready for new home mid-January, \$600. Please call 731-885-2084 or 731-446-1613 for more information.

CLASSIFIED AD GUIDELINES

Classified ads are published as a service to Baptist colleagues in each edition of Baptist Leader. Submissions for each edition of Leader must be received by 2 p.m. on the preceding Monday. For any ad, please include work number and location for verification purposes and **one non-work number for publication**.

Ads run at least once, and will run as space allows. New ads will receive preference over repeat ads. Services and goods offered must be legitimate and legal, and Leader cannot be responsible for misprints, omissions or false advertising. All ads may be rejected at the discretion of Baptist Memorial Health Care administration or the editor.

Ads for services and goods must be offered or wanted by Baptist colleagues, individuals or independent contractors. Franchises, other non-independent services, medical, dental and other clinical services are not eligible for classified ads.

To submit an ad, e-mail leader@bmhcc.org or fax to 901-227-3516.

Baptist Weight Loss Center to offer free seminars in January

Baptist Memorial Hospital-Memphis, located at 6019 Walnut Grove Road, will host free educational seminars on surgical weight loss options in the hospital's seminar rooms on Saturday, Jan. 9, at 10 a.m. and Monday, Jan. 18, at 7 p.m.

During the seminars, Dr. George Woodman will address the benefits and risks of weight loss surgery and its growing use for the treatment of morbid obesity.

The seminars are part of the Baptist Weight Loss Center, which offers options to help individuals whose body mass index indicates they are either overweight or obese. No reservations are required. All seminars will take place in seminar rooms two and three.