



Wilmetta Neely, clinical dietician, speaks at "Wake Up to the Diabetes Crisis," a seminar on healthy lifestyles and diabetes prevention at the University of Memphis.

## Lana moves in

*Baptist colleagues and family complete Habitat for Humanity Home*

Habitat for Humanity of Greater Memphis and Baptist Memorial Health Care recently dedicated a home for Lana White and her family. To date, Baptist's commitment is the largest sponsorship by a health care organization in the Memphis area.

White and her family now occupy a five-bedroom, two-bathroom home, located next to several other Habitat houses in Binghampton. The home was dedicated and opened following a ceremony May 13. White and her family worked alongside Baptist employees to build the home. She also will pay a no-interest mortgage on the property.

"I am so emotional and so thankful to Baptist and Habitat for deciding to take my family from renters to first-time

*(Continued on page 4)*



Lana White holds up the keys to her new home during a Habitat for Humanity home dedication ceremony. Her home was built by Baptist colleagues working alongside White and her family. In addition, Baptist colleagues raised more than \$2,000 to purchase items for the home.

## H1N1 flu update

According to the Centers for Disease Control and Prevention, 48 states have reported confirmed cases of H1N1 flu.

Arkansas and Mississippi have each reported three cases, and Tennessee has reported 82.

Nationally, more than 5,700 cases have been reported, the most being in Illinois, California and Arizona.

The CDC continues to take aggressive action to respond to the outbreak. CDC's response goals are to reduce the spread and severity of illness, and to provide information to help health care providers, public health officials and the public address the challenges posed by this new public health threat.

CDC is issuing updated interim guidance daily

in response to the rapidly evolving situation.

The CDC has issued interim guidance for clinicians on identifying and caring for patients with novel H1N1, in addition to providing interim guidance on the use of antiviral drugs. Influenza antiviral drugs are prescription medicines (pills, liquid or an inhaler) with activity against influenza viruses, including novel influenza H1N1 viruses. The priority use for influenza antiviral drugs during this outbreak is to treat severe influenza illness, including people who are hospitalized or sick people who are considered at high risk of serious influenza-related complications. Baptist colleagues, patients and guests are reminded to wash their hands or use alcohol gel and practice respiratory etiquette.

Daily updates and relevant documents are available on the Baptist intranet.

## INSIDE

Physician office awarded as green model office

Mays & Schnapp celebrate 30 years

National day reminds all of us to discuss end-of-life issues

[leader@bmhcc.org](mailto:leader@bmhcc.org)

GuideStone Annuity Representative Schedule

Dates and times are subject to change. Please contact your facility's human resources office for information. Baptist colleagues can contact Ken Peavy at 901-226-3518 or e-mail Ken.Peavy@GuideStone.org, contact April Mollerberg at 901-226-3516 or e-mail April.Mollerberg@GuideStone.org.

May 27 .....Corporate Building	June 18.....NEA Baptist
May 28.....Baptist Union City	June 18-19.....Baptist Golden Triangle
.....Baptist Memphis	June 23.....Baptist Corporate Building
June 1.....Baptist Memphis	.....Baptist DeSoto
June 2.....Baptist Collierville	.....Baptist North Mississippi
June 3.....Baptist Women's Hospital	June 24.....Baptist Huntingdon
June 15.....Baptist Memphis	June 25.....Baptist Union City
June 16.....Baptist Lauderdale	June 26.....Baptist Memphis
.....Baptist DeSoto	June 29.....Baptist Memphis
June 17.....Baptist Women's Hospital	
.....Baptist Union County	

Employee Opinion Survey dates

Survey dates – colleagues may take the survey at any Baptist location –

Hospital	Survey dates
Baptist Booneville	June 2 and 3
Baptist Collierville	May 26, 31, June 1, 4, 6, 10 and 18
Baptist Corporate Building	May 22, 26 and June 2
Baptist DeSoto	May 28, 30, June 3 and 9
Baptist Rehab-Germantown	May 27, 28, June 3, 4, 10 and 11
Baptist Golden Triangle	May 18 through 22
Baptist Huntingdon	May 26, 28, 29, June 1, 4, 9 and 12
Baptist Lauderdale	June 1 through 7
Medical Financial Services	May 26
Baptist Memphis and Restorative Care Hospital	May 26, 29, June 2, 6, 9, 10, 11, 12 and 14
Baptist Minor Medical Centers	May 26 through 29
Baptist Tipton	May 27, 28, June 4, 6, 8, 12, 14 and 17
Baptist Tipton Home Care and Hospice	May 27
Baptist Trinity Home Care and Hospice	May 26, 28, June 1 and 12
Baptist Union City	May 26, June 4, 10 and 18
Baptist Women's Hospital	May 23, 28, June 3, 12 and 19
NEA Baptist Hospital	May 26, 27, 28, 30, June 2, 4 and 13

Specific survey times will be communicated at each entity. All surveys are anonymous.

Baptist Memorial Hospital-Collierville will offer a SuperSitter course for preteens and teens on Wednesday, June 3, from 9 a.m. to 3 p.m.

The course will cover baby-sitting issues, including safety, first aid and appropriate play and discipline. The course is open to both boys and girls, ages 11 and older.

Each participant will receive a folder with guidelines for baby-sitting, as well as instructions for making a first aid kit. Dolls also will be available for hands-on training.

A certified childbirth and family education instructor will teach the course, which costs \$50.

To register for the course held in the classroom at Baptist Collierville, please call 901-226-5764.

Baptist Women's Hospital hosts one-day expectant parents classes covering baby basics May 23 and June 27 from 9 a.m. to noon. Participants receive information on infant care, surviving the first few weeks and infant safety. Cost is \$30 per couple. For information, call 901-226-5764.

*Plans fail for lack of counsel, but with many advisers they succeed.*

PROVERBS 15:22



Checking blood glucose at health fair

Linda Faith, left, grimaces as Brenda Bressell takes her blood to check glucose level and cholesterol at the Baptist Memorial Hospital-DeSoto Community Health Fair April 25. More than 200 people from the community were offered free health screenings and free health information.

Susan Stralka, administrator and CEO of Baptist Rehab-Germantown, recently was honored as Volunteer of the Year by the Tennessee Chapter of the Arthritis Foundation during its annual Arthritis Gala. She is pictured with Chetan Parekh, chief financial officer at Baptist Rehab-Germantown.



The C.A.R.E. Walk is an awareness event and a fundraiser for breast cancer that is sponsored by the University of Mississippi Panhellenic Council each year. More than 1,600 young women participated, raising \$20,000 for the Baptist Memorial Health Care Foundation's Baptist Centers for Cancer Care in Oxford.

BMHCC Helpline/Hotline  
877-BMH-TIPS

If you have a question about legal or regulatory requirements, suspect any violation of BMHCC Standards of Conduct, legal or regulatory requirements or suspect that anyone is committing acts of patient abuse in any form, call 877-BMH-TIPS. Reports to the hotline may be made anonymously. Calls are handled confidentially to the extent allowed by law. Baptist does not tolerate retaliation for reports made in good faith. It is the policy of Baptist Memorial Health Care to admit and provide services to patients and guests without distinction due to race, color, age, religion, sex, national origin, handicap or disability. Marilyn Dunavant is Baptist's corporate compliance officer.

# AROUND THE SYSTEM

## Physician office awarded as green model office

Healthcare Realty Trust and Askew Nixon Ferguson Architects recently won state awards from the Tennessee chapter of the International Interior Design Association for its green model office, suite 101 in Medical Plaza 3, 6029 Walnut Grove at Baptist Memphis.

IIDA is an advocacy, education and professional organization of interior design dedicated to the promotion and protection of the health, safety, and welfare of the public, focuses on interior design as a means to enhance quality of life.

The office, now occupied by optometrist Dr. Ana Flores, was constructed using predominantly local, recycled materials. Although the design utilizes less square footage than most physician offices, its unique design offers more usable workspace and cuts utility costs by maximizing space and natural light.

"Originally, it was designed to be a model suite for this campus, but was leased in less than two months after completion" said Ken Goff, corporate architect, Healthcare Realty. "Our goal was to construct an office for one or two physicians that used green and sustainable materials while still priced competitively in the local medical office market.



*Walking into Dr. Ana Flores' office, you register at right and then walk back to the waiting area. Very little artificial light is used in the office, as designers use available natural light to reduce power usage. In addition, the office uses recycled materials, almost all of which were obtained within 500 miles of Memphis. Healthcare Realty Trust and Askew Nixon Ferguson received awards from the Tennessee chapter of the International Interior Design Association for the green model office, located in Medical Plaza 1 on the Baptist Memphis campus.*

We wanted to create a space that is healthy to occupy, a medical environment where both staff and patients feel tranquil and relaxed."

Goff said the materials in the office were obtained by vendors and suppliers within 500 miles of Memphis. In addition, the office isn't as large as conventional physician offices – the efficient use of lighting and space create the appearance of a larger area, as space is better utilized.

Here's a short list of healthy and energy-efficient office amenities to enhance patient and caregiver: urea-formaldehyde-free construction materials, VOC-free paints and adhesives, natural lighting, energy-

efficient fixtures and mechanical and plumbing systems and reduced storage space by utilizing electronic filing. The reception-area copper countertop was hand-pounded into place.

"We wanted to have a space that showcased healthy and environmentally responsible interior design practices," Goff said. "It's designed with a plan for future expansion and to be as efficient an area as possible."

Healthcare Realty also plans to open similar green offices on the Baptist Memorial Hospital-Collierville campus and Medical Plaza 1 at 6025 Walnut Grove at Baptist Memphis.

## Talking about our wishes and values

Income tax time has passed.

Most of us hate to pay taxes and face this deadline with utmost dread.

As deep and abiding as our dislike for taxes and for tax day is, there is another day many consider just as painful, stressful, and just as confusing. This other responsibility is considering and communicating our values and wishes about medical treatments to our loved ones and our doctors. April 16 was National Healthcare Decisions Day.

This day is formally recognized by both houses of Congress, several states, and many communities around the country to encourage competent adults to make and write down their advance health care decisions.

It is never too late to consider carefully what you might want and not want in the way of medical treatments and interventions should you develop a life-limiting illness.

Thinking about our last days is unpleasant for many. Most do not complete advance directives or discuss their wishes for medical treatment with their families and physicians. Patients and their families often discover that this failure can have disastrous consequences.

Education and communication now can help to eliminate much confusion and sorrow later.

National Healthcare Decisions Day encourages everyone to educate themselves about the wide range of medical technologies available and reminds us to consider what we value most. It is also a chance for families to spend time together and talk about end-of-life wishes and values.

**Baptist Memorial Hospital-Memphis** was recently named one of the **leading 125 hospitals in the nation** in a survey conducted by Consumers' Checkbook and reported in the May/June issue of "AARP The Magazine."

Consumers' Checkbook, a non-profit research organization, surveyed doctors throughout the nation about the

hospitals they would recommend in certain areas. After collecting 140,000 ratings, the agency ranked the top 125 hospitals recommended by physicians.

"AARP The Magazine's" Web site features an interactive map of the United States with the locations of the top-ranking hospitals and offers advice for those considering traveling away from home for medical care.

The map includes information about each ranked hospital, including the percentage of doctors who rated the hospital very good or excellent, the percent of patients who said they would recommend it, the percentage of cases where the proper tests and procedures were conducted, the rate of complications in major cases and the death rate for high-risk cases.

## 30 years of pain

*Mays & Schnapp continue three-decade fight to help relieve patient pain*

Moacir Schnapp, MD, was only planning to be around for a few months.

About that same time, his partner, Dr. Kit Mays, was the director of the University of Tennessee Pain Clinic, one of two in the nation at the time.

Thirty years later, their partnership, borne from those first years at the UT Pain Clinic, is stronger than ever.

Mays & Schnapp Pain Clinic and Rehabilitation Center was recently recertified by the Commission on the Accreditation of Rehabilitation Facilities, an independent, non-profit organization that reviews various rehabilitation treatment

programs. In fact, the Mays & Schnapp Clinic has been CARF accredited for about 20 years in outpatient pain rehabilitation, and is the only pain clinic to do so within 500 miles of the Memphis area.

"We still enjoy what we do," Mays said. "Seeing patients get better and getting their lives back is the reason we do this."

"Thirty years ago, we were it," Schnapp said. "And we have had 30 good years together."

Both attribute their success to constantly seeking better solutions to patient problems and relying on each other's and their staff's counsel regarding patients.

"In pain management, you cannot work alone because of the stress and difficulty of some of the cases," Schnapp said. "We all discuss cases — you have to deal



*Mays & Schnapp Pain Clinic and Rehabilitation Center was recently recertified by the Commission on the Accreditation of Rehabilitation Facilities, an independent, non-profit organization that reviews various rehabilitation treatment programs. In fact, the Mays & Schnapp Clinic has been CARF accredited for about 20 years in outpatient pain rehabilitation, and is the only pain clinic to do so within 500 miles of the Memphis area. Kit Mays, MD, left, and Moacir Schnapp, MD, have been partners for 30 years.*

with all parts of the problem at once — we all give and receive input on patients."

And the clinic continues to help patients in pain, and neither doctor sees retirement in their

near future.

"I have more respect for Moacir now than I did 20, 15, or even five years ago," Mays said. "Working with him and this staff is the most satisfying part of the practice."

## Habitat

*(Continued from page 1)*

homeowners," said White. "I'm truly grateful for all the work everyone did for my home."

As the home's exclusive sponsor, Baptist paid the entire \$60,000 sponsorship, and Baptist employees worked all the 480 shifts required to complete the project, putting in more than 2,400 hours of labor. In addition, employees from a number of Baptist Memorial hospitals and departments in the Metro market joined forces to purchase housewarming gifts for the home, including groceries, toiletry items, bedding, towels and appliances.

"Our colleagues' response to this project has been overwhelming and enthusiastic," said Beverly Jordan, vice president and chief nursing officer for Baptist. "This is one of the most amazing efforts I've seen in my 32 years at Baptist."



*Above, Kris Azlin, right, director of women's ministries at Baptist Memorial Hospital for Women, presents Mekhi White a Bible during the dedication of his new home. Mekhi's mother and family, alongside many Baptist colleagues and Habitat for Humanity volunteers, built the White's new home. In addition, Baptist colleagues raised money to purchase needed household items and supplies. It is the White's first home.*

### **Baptist's Women's Health Center hosts Women Helping Other**

**Women**, a breast cancer support group, on the second Tuesday of every month at 7 p.m.

June's meeting June 9 in the lobby of the Women's Health Center at 6215 Humphreys Blvd., Suite 100. Women diagnosed with breast cancer, undergoing breast cancer treatment or recovering from breast cancer are invited to attend.

Glenn Ann Martin, Ph.D., psychologist, facilitates the support group. Martin received her doctorate in psychology from The University of Memphis in 1994, which is the same year she began working with breast cancer patients. Also, Martin is certified as a professional grief therapist by the Association for Death Education and Counseling.

For more information about WHOW or the Baptist Women's Health Center, call 901-227-9694.

# MORE NEWS AND EVENTS



## Wake up to the diabetes crisis

*Wilmetta Neely, clinical dietitian, speaks at "Wake Up to the Diabetes Crisis," a seminar on healthy lifestyles and diabetes prevention at the University of Memphis. About 90 clinicians attended the event, sponsored in part by the Baptist Center for Education and Organizational Development.*



## All about women

*Janet Weaver has her blood pressure taken at the All About Women event at the Cook Convention Center May 9. Baptist was a sponsor and performed all the health screenings for the event.*



## How about an ice cream sundae?

*Robin Baker, director of health information management at Baptist Memorial Hospital-Huntingdon, samples the ice cream sundaes during an event in celebration of Hospital Week May 11.*

## Baptist Memorial Hospital-Booneville Excellence in Nursing Award

luncheon. The luncheon is held each year during

National Nurses Week. Each nursing department nominates a candidate chosen by peers and physicians. Those candidates are also eligible for the Baptist Booneville Nurse Excellence Award, which recognizes the most outstanding nurse for the year. This year's winners are **Richie Arnold, critical care nurse; Martha Yates, medical surgical nurse; Wendell Jourdan, emergency department nurse; Alison Wildmon, senior care nurse; and Michelle Morgan, surgery nurse.** This year's Baptist Booneville Nursing Excellence award winner was Richie Arnold. Above, back row, left to right, are Judy Ramey, chief nursing officer at Baptist Booneville; Martha Yates, RN; Wendell Jourdan, RN; Alison Wildmon, RN; and Larkin Kennedy, CEO and administrator; seated, Richie Arnold, RN.



Mid-South Therapy Dogs and their handlers, seen frequently by patients at Baptist Memorial Hospital-Memphis, recently received an award from

Mid-South Volunteers. There is never a charge for their services, and volunteers operate solely on donations from the community or their own personal funds. These volunteers with their four-legged companions are also regulars at **Baptist Trinity Hospice's Camp Good Grief** and visiting hospice patients.

Many patients who have been unresponsive, lonely and depressed start to show signs of recovery, increased participation in leisure-related activities and—most of all—returned smiles and joy after the dogs visit them.



**Physicians, nurse practitioners and pharmacists are invited** to hear Adrian Blotner, MD, board certified in pain medicine and psychiatry, present "Managing Pain: Safety and Efficacy," at 6:30 p.m. June 11 at Baptist Memphis, Seminar Rooms 2-3. The seminar is sponsored by the **Baptist Center for Education and Organizational Development.** Dinner will be served at 6 p.m. Registration deadline is June 9. For registration information, call 901-227-2544.

# CLASSIFIED ADS

## YARD SALE

- Yard sale Saturday at 5200 Summer Meadows Lane in Arlington from 7 a.m. to 2 p.m. May 30, baby items, children's clothing and toys, small furniture, scrubs and more.

## VEHICLES

- 2003 Toyota Camry LE, 104,000 miles, 4 cylinder, automatic, air, new tires, black, tinted windows, great condition, \$8,000 OBO. Call 901-517-2212.

## HOUSEHOLD

- Hooker entertainment center for floor model big screen TV, cherry, holds surround sound system, DVD and CD players, lighted cabinet, excellent condition, \$500. Call 901-409-3669.
- California king bed with six drawers under bed, two tulip lights and an oval mirror on headboard, no mattress, \$150; two white pedestals for front load washer and dryer, \$200 for both. Call 901-734-2012.
- Lady Kenmore dryer, white, good condition, \$75. Call 901-767-7376.

## MISCELLANEOUS

- Three-in-one baby stroller, like new, blue-green with gray, needs the car base, \$65. E-mail ann3452@bellsouth.net for photos.
- Wedding dress and veil, white lace, beaded, long sleeves and train, size 16, \$400; white satin shoes, size 8.5, \$20; tiara, \$15; Lexmark Z22 printer, great condition, \$20; Dell keyboard, mouse and 15-inch monitor, \$40; 19-inch Sylvania TV/VCR, \$35; call 901-763-1567 after 3 p.m.
- Go-kart for sale with 8 hp Briggs & Stratton, new tire, \$250. Call Jonathan at 901-355-6462.
- Bowflex XLT with lat/shoulder attachment, like new, \$300. Call 901-263-3332.
- Cyclone rake with 5 hp motor for riding mowers, very good condition, \$500. Call 901-734-2012.
- Sharp microwave carousel, white, perfect, clean, looks great, \$15; stair stepper, \$60; OxyPro exercise machine, \$40; VHS tapes, Dark Knight and Gone With the Wind sets, \$10 each. Call 901-389-0529.
- Roketa four-wheeler, 110 cc, red and black, \$1,000; king size bed with mattresses, \$50; dresser and mirror, \$30; matching night stand, \$100. Call 901-384-3826.
- Medela Pump-in-Style breast pump, \$150; Winnie the Pooh bedside crib, \$25; Jeep walker, \$25; Winnie the Pooh infant car seat with base, \$25; boppy pillow, \$10; pregnancy wedge support pillow, \$10; Graco swing, \$10; Kenmore dishwasher, black, \$75. Call 901-240-7881.
- Four tickets to Wicked at the Orpheum July 10, lower gallery, row B, \$199.40. Call 901-634-6493.

## CLASSIFIED AD GUIDELINES

Classified ads are published as a service to Baptist colleagues in each edition of Baptist Leader. Submissions for each edition of Leader must be received by 2 p.m. on the preceding Monday. For any ad, please include work number and location for verification purposes and **one non-work number for publication**.

Ads run at least once, and will run as space allows. New ads will receive preference over repeat ads. Services and goods offered must be legitimate and legal, and Leader cannot be responsible for misprints, omissions or false advertising. All ads may be rejected at the discretion of Baptist Memorial Health Care administration or the editor.

Ads for services and goods must be offered or wanted by Baptist colleagues, individuals or independent contractors. Franchises, other non-independent services, medical, dental and other clinical services are not eligible for classified ads.

To submit an ad, e-mail [leader@bmhcc.org](mailto:leader@bmhcc.org) or fax to 901-227-3516.

## REAL ESTATE

- Home for sale at 683 Stage Ave., 4 BR/2 BA, updated kitchen, laundry room with storage, screened patio, detached garage, all appliances stay, one year warranty. Call 901-461-4078.
- Home for rent at 2926 Armistead/Cherokee area, 3 BR/1 BA, central heat and air, tile floor in kitchen and bathroom, ceiling fans throughout, carpet in bedrooms, large den, w/d connections, carport, \$600 a month, \$300 deposit. Call 901-461-3432.
- Condominium for sale or lease/purchase, 1 BR/1 BA, historic Claridge House, 109 N. Main at Adams, half carpet and half hardwood floors, stainless steel appliances, security, one year warranty, river view, \$105,000. Call 901-603-8333.
- Somerville home for rent, 3 BR, about 35 minutes from Wolfchase mall, credit check, one month rent deposit and \$730 per month. Call 901-412-2897.
- Barton/Byhalia area home for sale, 1,700 square feet, 3 BR/2 BA, expandable upstairs, two-car garage, stainless steel appliances, plantation blinds, 1.7 acres with privacy fence. Call 731-432-2728.
- Bartlett home for rent at Elmore and Sycamore View, 4 BA/2 BA, sunroom, inground pool, land-

scaping, fenced yard, \$1,600 per month. Call 901-864-3826.

- Collierville home for sale, 5 BR/2.5 BA, 3,100 square feet, oversized rooms, nine-foot ceilings, two-car garage, fenced and manicured lawn, updated stainless eat-in kitchen with granite and hardwood floor, \$259,990. Call 901-494-3380.
- Berclair area home for rent, 3 BR/1 BA, eat-in kitchen, hardwood floors, whirlpool bath, central heat and air, carport and two-car garage, washer and dryer and stove included, available June 1, \$750 per month, deposit required. Call 901-240-7881.

## PETS

- AKC toy-sized liver/parti puppies, one male and one female, will be very small, \$600. Call 901-262-9548.
- Half Brittany, half lab puppies ready for good home. Mother comes from champion hunting dogs, \$50 OBO. Call 901-486-2653.
- Border collie puppies, one male, one female, seven weeks old, free to good home. Call 901-867-3316.

## SERVICES

- New roofs, roof repairs, licensed and insured, call 901-288-6994.
- CMA can take care of elderly person a few days a week, rotate each week. Call 901-337-1487.
- Computer services, technician can solve your PC problems from virus and spyware removal, data backup, upgrades and installations. Call 901-650-7311.
- Home renovations, room additions, decks, fencing, electrical, plumbing, carpet and tile installation. Call Dan at 901-626-7159 for a free estimate.
- Auto repair, all makes and models, including motorcycles and ATVs, call 901-502-5631.
- Lawn services, mowing, edging, leaves raked and more, free estimates; mechanic services, brakes, belts, alternators and more, free estimates. Call 901-387-8332.
- All types of electrical services, repairs, upgrades and troubleshooting, call 901-475-3570.
- Kitchen and bathroom remodels, additions, fire restoration, tile, decks, sheetrock and paint, free estimates. Call Marcus at 901-503-3429.
- Affordable dry and steam cleaning for carpet, rugs and furniture, \$50 discount or 20 percent off toward total house service. Call 901-569-0205.
- Residential repair and construction services, painting and general carpentry. Call Chad at 901-825-0877.
- Kitchen and bath remodels, windows, room additions, fences, decks and roofs, free estimates, licensed and bonded. Call Alan at 901-734-9788.