



Diabetes relies on your silence.  
Talk about diabetes, now.

Check your  
risk for  
diabetes at  
WEBSITE

**November is National Diabetes Awareness Month**  
Diabetes can exist unseen and silent. With one out of every two Americans now at risk for diabetes, it's time to think about your own risk. Taking a simple assessment or talking to your doctor can change your future. Break the silence and get better with Baptist.

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Get Better.



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